



ENGLISH

BMI CALCULATOR INSTRUCTIONS - Body Mass Index

- 1) Turn the dial to align height against weight and read BMI window.
- 2) Tape colour indication:
WHITE: may be underweight.
GREEN: desirable weight & shape.
ORANGE: increasing health risks.
RED: high health risks.

BMI=kg/(m)²
Kg=kilogram
M=meter



PROFESSIONAL MEDICAL PRODUCTS

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